

Monday 10th February 2025

Our half term Core Value is **Aspiration**



This week, a contribution from Mrs Callaghan and Acorn Class:

This week Acorn class have been bird watching and learning about owls. Last week pupils did a bird watch in the school grounds and then made bird pizzas to see if this would encourage more visitors into our garden.

During the bird watching this week, pupils spotted a buzzard, a few starlings and heard a robin. They then talked about owls and learned how the male and female Tawny Owls communicate by making the 'twit twoo' sounds. Owls are also nocturnal and silently hunt the mice in the long grass in the fields at night. In maths, children have been learning to subtract numbers by exchanging tens.



We look forward to seeing you at various events this week; **Cross Country** on Monday, **PFA Big Breakfast** on Tuesday, **Cardiff information evening** on Wednesday and finally our **celebration assembly** this Friday!

A reminder that our first day back at school after the half-term is **Monday 24th February**. Wishing you all a good week. Mr Caswell

Upcoming Dates

Fridays until 28th March - Year 3 & 4 swimming

Monday 10th February - Cross Country Bucklers Mead

Tuesday 11th February - PFA Big Breakfast

Wednesday 12th February - (6:00-6.30pm) Yr 5 & 6
Cardiff information evening (at West Chinnock School Hall)

Friday 14th February - Non-school uniform day

Friday 14th February (2.45pm) - Awards Assembly

Monday 24th February - First day back for children

Tuesday 25th February (3.00pm and 4.00pm) -
Rearranged date for coffee catch-up now at West Chinnock School Hall

Wednesday 26th February - Acorn Class trip to Carymoor

Wraparound Care

Early Bird Club every day from 8.25am

Monday, Tuesday and Thursday options available via ParentPay

www.nortonandwestchinnockschoools.co.uk

enquiries@nshwc.bwmat.org

01935 350232



Support for separated parents

5 Top Tips for Separated Parents

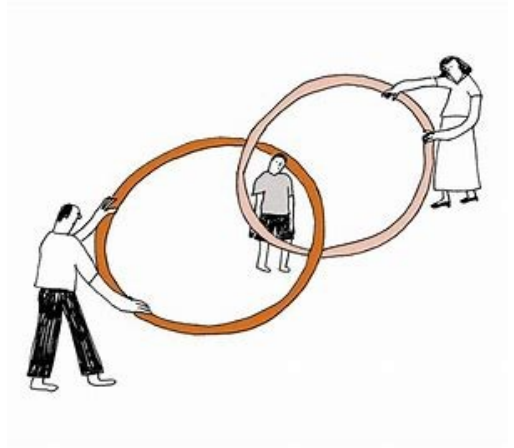
Top Tip 1: Challenge your thinking

Top Tip 2: Develop a “business-like” relationship with your co-parent

Top tip 3: Invest in your relationship with your children

Top tip 4: Plan for smooth handovers and transitions

Top tip 5: Coping as a parent post-separation



NEW FREE AI tools for separated parents

AI tool reduce conflict in coparenting communications

Relate have just launched a new AI tool – the Sounding-board bot - this acts as a supportive sounding board for messages exchanged with an ex or current partner. It analyses language to suggest clearer, more empathetic wording, reducing the risk of miscommunication and conflict.

Relate - sounding board bot: ["Sounding board" bot | Relate](#)

“If you’ve drafted a WhatsApp to your ex about childcare arrangements and are worried the wording could be taken the wrong way, run it through the tool and it will come back with suggestions for how it can be tweaked for clarity and to remove any aggression or risk of misunderstandings.”

AI tool which helps to put the “voice of the child” at the centre of coparenting

Another tool called ‘In-the-middle-bot’, offers valuable insights into a child's perspective across various co-parenting scenarios, helping caregivers understand and respond to their needs more effectively.

Relate - in the middle bot: ["In the middle" bot | Relate](#)

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Top websites to support children with separated parents

1.

Supporting children through separation

<https://parentingtogether.gov.wales/>

An **excellent** guide for family members who are in conflict over child arrangements – covers: what your child needs & talking to your child

2.

Support for children in the middle of separation/divorce

<https://www.voicesinthemiddle.com/for-parents/>

This website provided a place for young people to share their voice, read helpful content and connect with support. The content and resources on this website can still be used today by young people and families.

3.

Support with arguments, separation, divorce, co-parenting and child contact

<https://parents.actionforchildren.org.uk/home-family-life/family-relationships>

4.

Support for teenagers + young people (restoredlives.org)

[Your Direction Workshops for Teenagers and Young People](#)

FREE support courses for 12-18-year-olds to help them when their parents separate

5.

Parental rights and responsibilities

<https://www.gov.uk/parental-rights-responsibilities>

Summary of what is parental responsibility for separated parents

More websites available on the [Somerset Wellbeing Framework](#) website.

Remember you can get in touch with requests for this support section via the school office:

enquires@nshwc.bwmat.org

Ellie Jaggard, SENDCo and SMHL (Senior Mental Health Lead)